



### ***Engrudo (Wheat Paste) Recipe***

1 cup **very hot** water  
3 tablespoons white flour  
Cold water

Use just enough cold water to moisten the flour and make it liquid enough to pour easily. Pour this mixture slowly into the hot water while constantly stirring. Bring to a boil and continue to boil until mixture thickens. Allow to cool.

This paste can be used like any regular glue, and can be spread onto a surface using a paint brush. For an even stronger paste, add 1 tablespoon of sugar when mixture thickens, before it is allowed to cool. Leftovers can be stored after reheating in a covered jar or container, to sterilize it, or can be kept in the refrigerator. Other types of flour will work, if white flour is unavailable.