

STEP-BY-STEP INSTRUCTIONS

Men's Vest

Supplies: Black heavy fabric or felt, white fabric pen or chalk, scissors, pins, needle, black thread, 3 buttons. *Vest Example*, *Vest Pattern* and *Button Example*. Optional: Sewing

MachineTime: 40 minutes per vest with one student working

Note to Instructor: In the final stage of buttons rotate students so several learn how to sew on a button.

Instructor Prep work: the instructor must create pattern according to *Vest Pattern*. If time is an issue, the instructor may draw the outline onto the fabric prior to class.

Students' Examples: [DSCN0777.jpg](#), [DSCN0791.jpg](#), [DSCN0785.jpg](#)



1. Trace *Vest Pattern* onto fabric.
2. Cut out the vest outline.
3. With a partner, put the vest on and hold into place. *Vest Example*
4. The partner will wrap the shoulder pieces over the actor's shoulder. Pin in place, making sure the armpit is not too tight.
5. While the actor is wearing the vest, cut the fabric into a fitting shape. Refer to *Vest Example* for outlines of cuts. Make sure the front overlaps 2 inches.
6. Sew 2 - 4 buttons on the front of the vest.
7. Cut slits directly opposite of buttons, on the side of the vest.
8. Trim lose threads.

Vest Example



1. Fold shoulder pieces over and pin the front over the back, pin in place, allow room in armpit area.
2. Trim the front, dotted lines, to fit the actor. Allow a 2" overlap for buttons.
3. Cut 2 slits for buttons, on top layer allowing $\frac{1}{2}$ " from edge. On bottom layer sew buttons to line up with slits.

Vest Pattern

