

## STEP-BY-STEP INSTRUCTIONS

### Aprons

Supplies: White sheets or 2-3 yards of muslin per costume, pins, scissors, fabric pen or marker, needles, thread. *Apron Pattern, Belt/Neck Pattern, Apron Example and Pleat Example* Optional: Sewing Machine

Time: 40 - 60 minutes per apron with one student working.

Note to Instructor: if the students have sewing machines at home, they may choose to work on their aprons as homework. In the classroom several students sewed on one costume at a time, making this project more efficient.

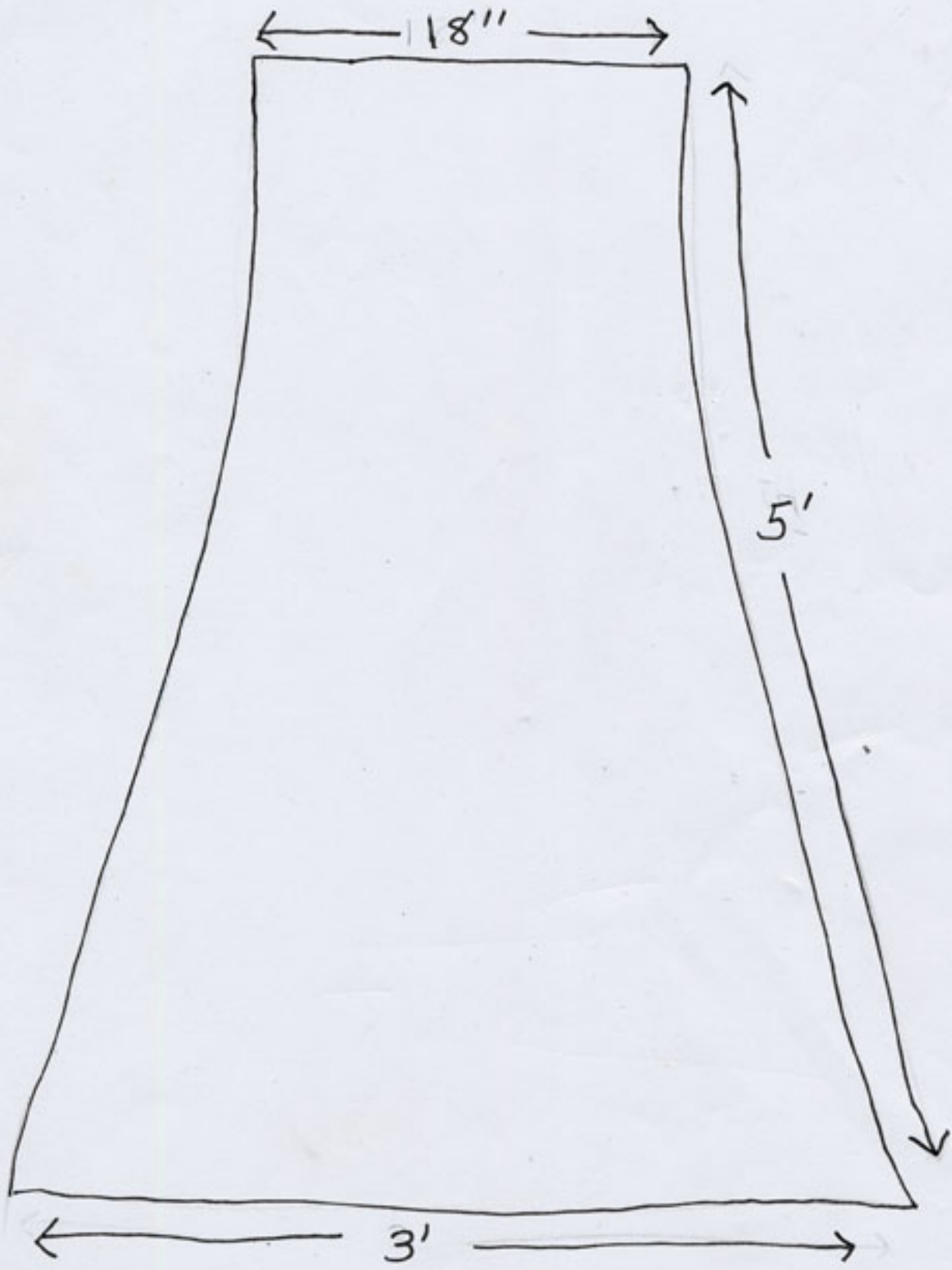
Instructor Prep work: The instructor must create the patterns according to *Apron Pattern* and *Belt/Neck Pattern*. If time is an issue, the instructor may draw the outline onto the fabric prior to class.

Student's Examples: [DSCN0660.jpg](#), [DSCN0783.jpg](#), [DSCN0662.jpg](#), [DSCN0776.jpg](#)

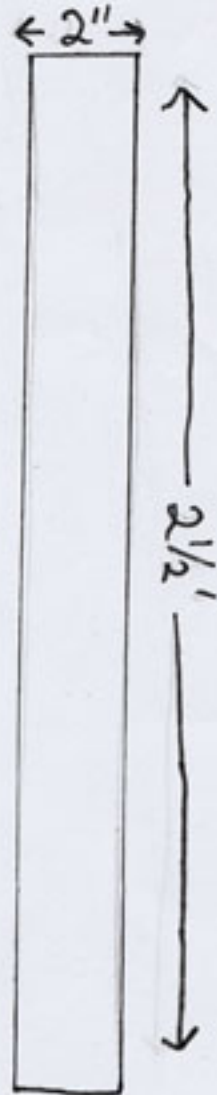
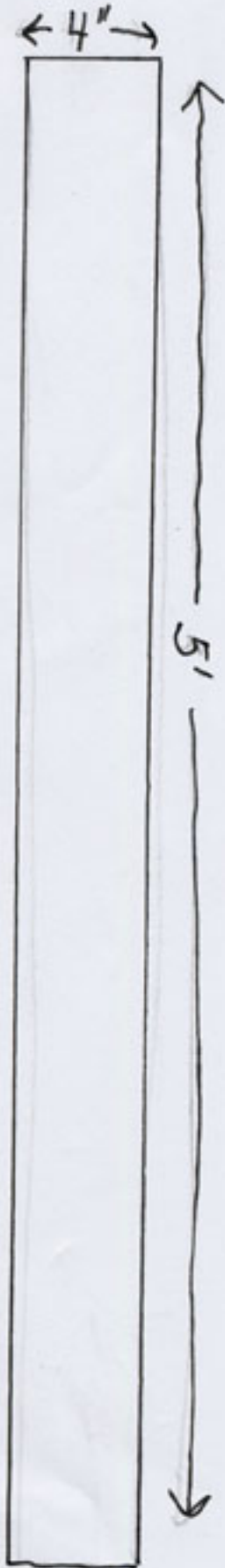


1. Trace *Apron Pattern* and *Belt/Neck Pattern* onto fabric.
2. Cut out apron, belt and neck outline.
3. On the apron, arrange pleats along waistline and hold together with pins. *Pleat Example*
4. With the help of a partner, hold up the apron to the waist, holding the pinned waistline. Refer to *Apron Example*
5. Using pins, the partner will fold the “bib” (top) part of the apron to fit to the middle of the chest. Pin in place.
6. Place the neck piece around the neck. Pin neck piece to apron, on the back of the bib.
7. Gently wrap the belt around the waistline, being mindful of the pins in the fabric, and tie with a large bow in back.
8. The partner will check the length of the hemline – it should be about one inch off the floor. If it's dragging, fold the fabric up in back and pin in place.
9. Remove the apron and begin sewing a straight stitch along waistline, bib, and hemline.
10. Add an extra “x” stitch on both sides of the bib.

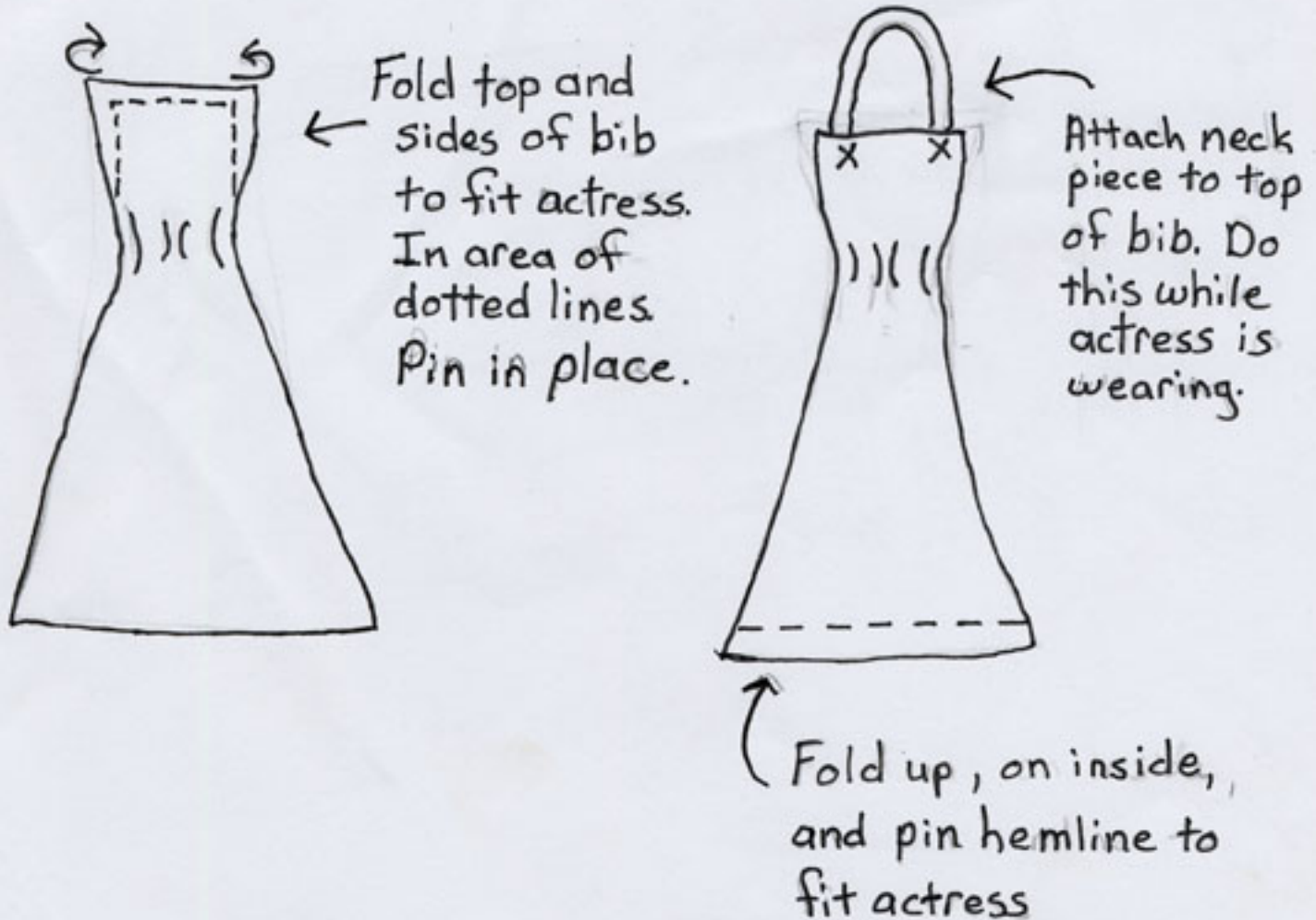
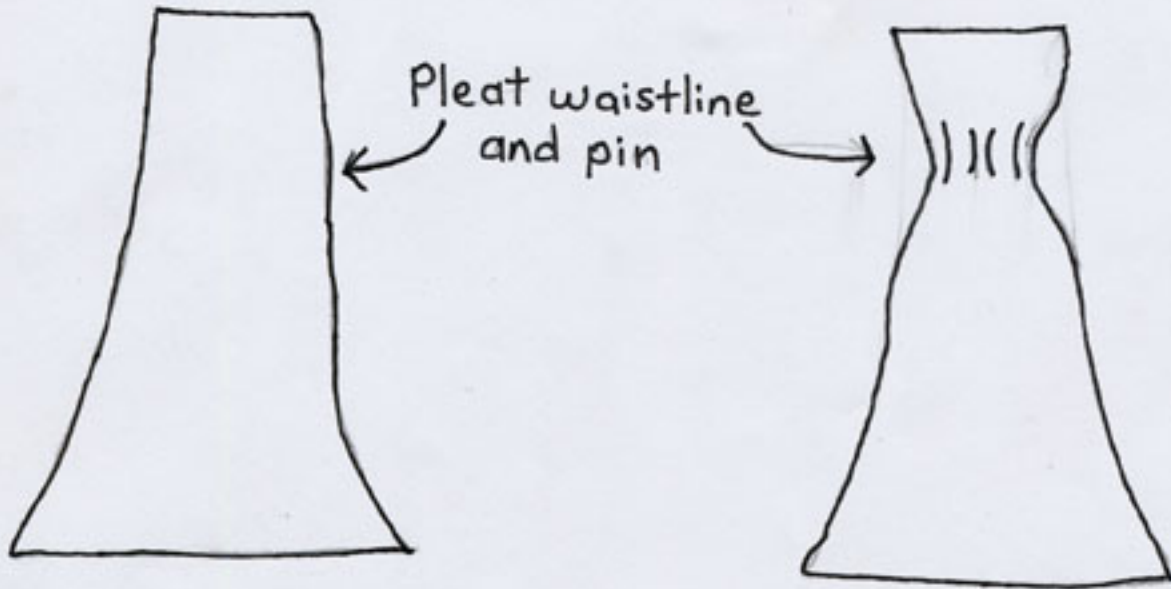
# Apron Pattern



# Belt and Neck Pattern



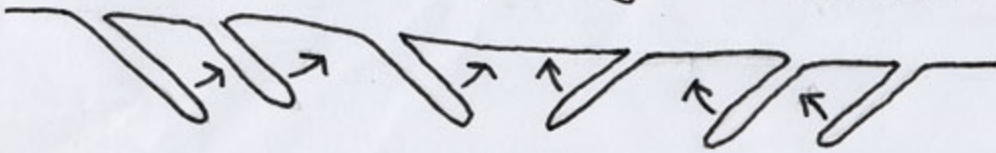
# Apron Example



# Pleat Example

Start in the center. Pinch at least 1 inch of fabric, fold over and pin. Work out from the center.

fabric side view: pin against fabric



Front view with  
stitch  
line.

