

God's Eyes Instructions

God's Eyes are used by the Huichol Indians, from Western Central Mexico, in sacred ceremonies. When a child is born they are used as an offering to the god who protects children. The God's Eye is kept in a sacred place and the father adds a piece of yarn each year. It is viewed as something that will bring you good luck and represents the eye of God watching over you.



Huichol Family (Real de Catorce, México)



Huichol Ceremonial Center (Real de Catorce, México)

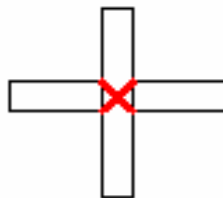
Supplies

- Popsicle sticks or small dowel rods
- yarn
- scissors

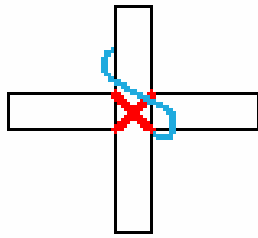
Notes:

When you are making a God's Eye, you create one by using yarn directly from the skein. You might want to pre-cut very long pieces of yarn so the children can make them together. Also, glue is not needed to hold the Popsicle sticks together; the yarn will do the job for you.

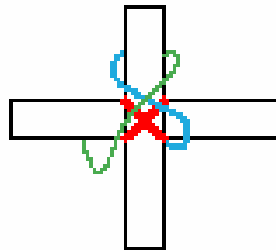
1. Lay the end of the yarn out on the table.
2. Place two Popsicle sticks in a cross shape on top of the yarn; the yarn should be diagonal to the cross.
3. Tie a double knot across the diagonal, and...
4. then make a x with the yarn on the front and tie another double knot on the back.



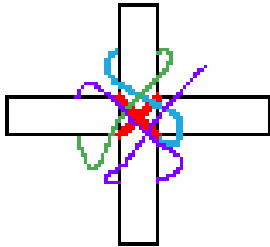
5. Begin the Eye by bringing the yarn from the back across the front following one of your diagonals.



6. Wrap the yarn behind the stick to the right of your yarn and bring it across the front towards the stick to the left of it.



7. Continue wrapping in a counter clockwise direction until there is $\frac{1}{4}$ to $\frac{1}{2}$ inches of uncovered stick left at the tips.



8. To tie off the Eye place your finger behind one of the sticks and wrap the yarn around one time, making a complete circle.
9. Cut the yarn off the skein, leave about a 6" tail, put the end through the loop you've made to make a double knot on the back.
10. Hang and enjoy!